



Our Lady of Peace Catholic Primary and Nursery School

'With Christ in our hearts, together we grow.'

P.E. at Our Lady of Peace Catholic Primary & Nursery School

Intent

In line with the National Curriculum, it is our intent at Our Lady of Peace School to develop the children's physical, cognitive and social skills through sport.

Our curriculum:

- Inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.
- Provides opportunities for pupils to become physically confident in a way which supports their health and fitness.
- Gives opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect.

We aim to deliver high quality, purposeful teaching and learning that inspires all children to excel in physical education.

Through our progressive curriculum, we strive to teach children to co-operate and collaborate with others as part of a team. We value an inclusive approach to PE, which endeavours to encourage not only physical development, but also mental wellbeing.

Implementation

PE is a valued subject at Our Lady of Peace School, with all pupils receiving 2 hours timetabled PE/Games lessons per week. One lesson will be an indoor lesson, whilst the other an outdoor games-based lesson (football, netball, cricket etc.). Our objective within lessons is to develop the children's physical skill, cognitive thinking and social skills.

Physical Education concepts, knowledge and understanding are taught through separate units. Our curriculum map provides full coverage and progression across the full breadth of the PE National Curriculum and we follow 'Get Set for P.E.'. Each unit is planned alongside specific progression maps. This ensures that our children are given the opportunity to practise existing skills and to build and develop new skills each year. Each half term, every year group is taught two different units.

Elements we include in our curriculum provision are: Progressive, age related success criteria for all year groups. A layered approach to physical skills so that all children can achieve at a level suited to their ability, with clear ways to improve challenges as and when the pupils are ready.

Purposeful questioning to help secure understanding in each individual sport or skill. Healthy competitions so children can compete against themselves as well as others.

6 weeks of swimming lessons for each class in year 4. A broad range of sports and activities in both curriculum lessons and after school clubs.



Topic Map

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to P.E.	Fundamentals	Gymnastics	Dance	Games	Ball Skills
Year 1	Ball Skills & Fundamentals	Sending & Receiving & Fitness	Gymnastics & Striking and Receiving	Net and Wall Games & Target Games	Invasion & Team Building	Athletics & Dance
Year 2	Ball Skills & Fitness	Fundamentals & Sending & Receiving	Gymnastics & Net & Wall Games	Invasion & Team Building	Striking/Fielding & Target Games	Athletics & Dance
Year 3	Tag Rugby & Fundamentals	Ball Skills & Fitness	Cricket & Gymnastics	Netball & Dance	OAA & Athletics	Basketball & Dance
Year 4	Tag Rugby & Fitness	Rounders & Gymnastics	Football & OAA	Swimming & Tennis	Dance & Athletics	Dodgeball & Dance
Year 5	Tag Rugby & OAA	Hockey & Dance	Handball & Fitness	Netball & Dance	Rounders & Gymnastics	Dodgeball & Athletics
Year 6	Tag Rugby & Dance	Basketball & Fitness	Football & Dance	Tennis & OAA	Rounders & Gymnastics	Dodgeball & Athletics

Impact

High quality, consistent and well-resourced PE lessons. Development of detailed knowledge and skills across the full breadth of the PE curriculum through engaging and age-appropriate curriculum content.

In PE, this will be measured by:

- Engagement in enrichment activities
- Subject Leader monitoring – including lesson visits
- Engagement in competitive sports and activities. The PE curriculum and resources used will be evaluated annually.
- Improved water confidence and competence through swimming lessons in year 4.

