



Our Lady of Peace Catholic Primary and Nursery School

'With Christ in our hearts, together we grow.'

P.S.H.E. at Our Lady of Peace Catholic Primary & Nursery School

Intent

At Our Lady of Peace, PSHE plays a central role in the all-round education and well-being of our children. It enables them to become responsible, healthy and independent members of society. In PSHE we look at and tackle many of the moral, social and cultural issues that are all a part of growing up. As well as enabling the children to understand how they are developing both personally and socially. We want to provide our students with the opportunities to appreciate what it means to be a member of a diverse society, as well as to know and be aware of their rights and responsibilities as citizens.

PSHE at Our Lady of Peace works on three strands, the taught curriculum, the modelling of core values and the day-to-day experience of the children in the school. Through these three strands we encourage our students to develop their own sense of self-worth by participating in and contributing positively to school life, as well as the wider community.



Implementation

In Our Lady of Peace, PSHE is delivered in dedicated weekly teaching time and also through links across the entire curriculum. This supports our belief that the core values and teachings of PSHE can be seen, shown and talked about in many ways and in all areas of life. The teaching staff at OLOP regularly share good practice and deliver high quality teaching using a structure, buildable scheme of work up through the school and by also responding to the needs of their individual classes. Staff use the resources to enable our children to understand risk and to equip them with the knowledge and understanding to make informed and safe decisions.



Topic Map

The Jigsaw PSHE scheme of work is taught through weekly sessions led by teachers. All lessons include time for mindfulness activities where the children practise breathing and focus. There are six Jigsaw Puzzles (half termly units) designed to ensure the whole school is on the journey at the same time. They are carefully planned and resourced so that each year group works at its own level. The puzzle pieces work in sequence and develop throughout each academic year.

The units are:

- Being me in my world
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships- we also use the R.E. based resource Journey in Love which aligns with our Catholic ethos.
- Changing Me

Impact

By teaching PSHE in this way the children develop an awareness of themselves and the part they play in the relationships they develop. Through PSHE we hope that our children will be able to apply their learning across all aspects of their lives, to help them achieve their goals, make positive decisions and prepare them to be global citizens, both now and into the future.



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