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SEND Support

This is a list of information websites, tips and resources to help you support your children with their additional needs, learning and self-esteem. Children have varying needs and there is **no 'one size fits all' approach**. It is quite common for

children to have additional needs that span all these areas, so select the resources that meet the needs of your child, without worrying too much about the label or category they fall under. Everyone has strengths and weaknesses and these SEND strategies will be beneficial to many children, whether or not they have a diagnosis.




Learning Knows No Bounds

Autism Spectrum Disorder (ASD)	
Information Websites 	<ul style="list-style-type: none">• National Autism Society Website https://www.autism.org.uk/• National Autism Society Website - Parent & Carers https://www.autism.org.uk/about/family-life/parents-carers.aspx
Resources 	<ul style="list-style-type: none">• Visual Timetable Visual timetable: https://www.twinkl.co.uk/resources/class-management/daily-routine/visual-timetable• Social Stories and Comic Strip Cartoons https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx• 5 Point Scale https://www.5pointscale.com/• Social Skills Games https://www.twinkl.co.uk/resources/specialeducationalneeds-sen/specialeducationalneeds-sen-social-emotional-and-mental-health-difficulties/sen-friendship-and-social-skills• Autism Teaching Strategies http://autismteachingstrategies.com/free-social-skills-downloads-2/








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	Work Stations - Structuring learning for children with Autistic Spectrum Disorders www.milton-keynes.gov.uk/assets/attach/24070/workstation.pdf
<p>Tips</p> 	<ul style="list-style-type: none">- Children with Autism need structure and routine. You can help them by using visual timetables to help them see what is happening at each step of the day, so they know in advance what they will be doing next. This will relieve some of their anxiety.- You might want to set a specific place for them to do any work or tasks. At school they may have this in the form of a workstation to support their learning (see example in resources section). Each child's workstation may differ slightly, so you could ask your child to help you set one up that will suit them or that they are already used to.- Prepare them for changes in routine.- Help your children to recognise and name different emotions and feelings. You can do this by discussing their own emotions, how characters in books and on TV programmes might be feeling and how you yourselves might be feeling. Alongside naming the emotion, describe it and explain why you, they or fictional characters might be feeling like that. You can also play role play guessing games and ask them to name the emotion and say why.- Use a 5 point scale to support children in managing their emotions.- Use social stories and comic strip cartoons to help children understand different situations and perspectives and address inappropriate behaviour.- Have a visual aid to support wanted and unwanted behaviours- Be aware of your child's sensory needs and support them in managing that need to help them learn e.g. sound reducing earphones if noise is a problem, comfortable clothes, keep the area surrounding the work space clear to avoid over-stimulation etc.- Play lots of games with your child to encourage social skills, such as taking turns and winning and losing.






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Attention Deficit Hyperactivity Disorder (ADHD)	
<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none"> • Self-esteem http://www.adders.org/info79.htm • Managing ADHD http://www.adders.org/info58.htm • Teaching and Managing Students with ADHD www.adhdfoundation.org.uk • PE with Joe https://www.thebodycoach.com/blog/pe-with-joe-1254.html
<p>Tips</p> 	<ul style="list-style-type: none"> - Offer routines and structure. - Create a quiet space for them to learn with no distractions. - Give them something to fiddle with whilst you are talking to them or when you want them to focus. It can also be helpful to let them move around whilst they listen. - Ask them to do one task at a time. - Provide checklists or visual timetables to support organisation. - Use timers to help with time management and build in frequent movement breaks. - Suggest rather than criticise (children with ADHD often have low self-esteem) - Provide lots of opportunities for exercise and movement. - Set up a reward scheme to encourage them and support them with their behaviour. - Build on success and help children to pursue more of what they enjoy. - Put clear boundaries in place.
COGNITION AND LEARNING	
Maths Support / Dyscalculia	
<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none"> • National Council for Special Education https://www.sess.ie/categories/specific-learning-disabilities/dyscalculia/tips-learning-and-teaching • British Dyslexia Association https://www.bdadyslexia.org.uk/dyslexia/neurodiversity-and-co-occurring-differences/dyscalculia-and-maths-difficulties • Brain Balance Achievement Centre https://blog.brainbalancecenters.com/2016/02/5-strategies-for-managing-dyscalculia



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<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none"> • Dyscalculia and Maths difficulties https://www.bdadyslexia.org.uk/dyslexia/neurodiversity-and-co-occurring-differences/dyscalculia-and-maths-difficulties • Classroom Accommodations for Dyscalculia https://www.understood.org/en/school-learning/partnering-with-children-school/instructional-strategies/at-a-glance-classroom-accommodations-for-dyscalculia • White Rose Maths Home Learning https://whiterosemaths.com/homelearning/ • Maths Home Learning https://www.10ticks.co.uk/ • Oak academy lessons to support children with additional needs in specific areas of maths. https://classroom.thenational.academy/specialist/subjects/numeracy • iPad Apps for Learners with Dyscalculia/Numeracy Difficulties https://www.callscotland.org.uk/downloads/posters-and-leaflets/ipad-apps-for-learners-withdyscalculianumeracy-difficulties/ • Resources to support teaching to tell the time https://www.easyreadtimeteacher.com/teacher-classroom-resources/ • Active games to support maths learning https://www.weareteachers.com/active-math-games/ • Virtual physical resources to help children understand maths, cubes, tens frames, number lines, bead strings, and many more! https://www.didax.com/math/virtual-manipulatives.html
<p>Tips</p> 	<ul style="list-style-type: none"> - Concentrate on one problem at a time. - Use lots of visuals and physical resources that the children can move around. - Include children in supporting you with everyday maths problems e.g. cooking, measuring, money etc.



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English Support/ Dyslexia

Information Websites



Resources



- **Android Apps for Learners with Dyslexia / Reading and Writing Difficulties**

<https://www.callscotland.org.uk/downloads/posters-and-leaflets/android-apps-for-learners-withdyslexia/>

- **Free PowerPoint Books for Young Readers**

<https://www.callscotland.org.uk/downloads/posters-and-leaflets/powerpoint-books-for-young-readers/>

- **List of Dyslexia friendly books**

https://www.booksfortopics.com/dyslexic-readers?fbclid=IwAR1_cTqfjigl-KkzG9UVxUq_cwmZfBJ9yIvdA6R5utt-Jbxer7Xy6xLaolY

- **To engage children with special needs.**

<https://www.rhymingmultisensorystories.com/> multisensory stories for downloading using signs, props, movement etc.

- **Free e-book library, select by age group**

<https://home.oxfordowl.co.uk/reading/free-ebooks/>

- **How I can support my child**

<https://www.bdadyslexia.org.uk/advice/children/how-can-i-support-my-child>

- **How to Boost Working Memory**

<https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/8-working-memory-boosters>

- **Dancemat Typing - free beginners typing course for children**

<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>

- **PurpleMash- 2 Simple**

<https://www.purplemash.com/login/>






- **Free Phonics games**

<https://www.phonicsplay.co.uk/>



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<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none"> • Working Memory https://www.weareteachers.com/working-memory/ • Working Memory https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/8-working-memory-boosters • Free Audio Stories https://stories.audible.com/start-listen
<p>Tips</p> 	<ul style="list-style-type: none"> - It is important to encourage children to recognise and pursue the areas in which they excel (do more of what they enjoy) and support them with the areas they find difficult. -Allow children to use a word processor to complete some written tasks. This highlights spelling errors and offers alternatives. If they can't type, encourage them to learn, so that they are able to use a Word Processor with more speed and fluency. -Play games to support memory and retention e.g. pairs, Go Fish etc. (see resource links for more ideas) -Enable children to access age related audiobooks to develop a love of reading. Encourage (don't force or push) them to share what's happening in the story and share their excitement, wondering aloud what will happen next. This will also develop their vocabulary and comprehension, without them even realising that they are learning. -Don't make reading a fight. Encourage children to read one page and you read the next page. Read some books to them for pleasure and invite them to read a section if they want to (don't push if they don't want to). By developing a love of books and stories children will naturally want to learn how to read, so make the experience as pleasurable as you can.
<h3>Communication and Interaction/Speech and Language</h3>	
<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none"> • Slough CYPITS website https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/communication-and-hearing/ • The Communication Trust https://www.thecommunicationtrust.org.uk/resources/resources/resources-for-parents/



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Information Websites






Resources



- **Oak Academy Communication and Language Lessons**
<https://classroom.thenational.academy/specialist/subjects/communication-and-language>
- **A directory of activities and resources to support development of specific speech, language and communication needs, Searchable by age phase, subject, target and level of attainment.**
<https://en.commtap.org/primary>
- **A range of resources to help parents develop children speech and language needs.**
<https://www.thecommunicationtrust.org.uk/resources/resources/resources-for-parents/>
- **Games and activities to support speech and language needs.**
<https://ican.org.uk/a-message-to-our-supporters-on-coronavirus/activities-to-develop-speaking-andlistening-skills/>
- **A guide to android apps to support complex communication needs**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/android-apps-for-complexcommunication-support-needs/>
- **Activities to support children and parents using PECS (picture Exchange)**
<https://pecs-unitedkingdom.com/support-at-home/>
- **The Communication Trust**
<https://www.thecommunicationtrust.org.uk/>
- **The Communication Trust Resources for Parents**
<https://www.thecommunicationtrust.org.uk/resources/resources/resources-for-parents/>
- **Social Skills Games:**
<https://www.twinkl.co.uk/resources/specialeducationalneeds-sen/specialeducationalneeds-sen-social-emotional-and-mental-health-difficulties/sen-friendship-and-social-skills>





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<p>Tips</p> 	<ul style="list-style-type: none">- Continue to work on Speech and Language targets set by the Speech and Language Therapist (if already seen). <p>Speech sounds</p> <ul style="list-style-type: none">- Model speech to the children by repeating words back to them correctly. <p>Understanding:</p> <ul style="list-style-type: none">- Give children time to process what you have asked and respond.- Use simple language and break instructions down into smaller steps.- Encourage children to answer questions, such as who, what, where, when and why? When reading their books. Encourage them to tell you the story in their own words. <p>Expression</p> <ul style="list-style-type: none">- Talk about all your experiences in detail, teaching new vocabulary all the time.- Discuss vocabulary in books, making sure the children understand the meaning of tricky words. <p>Social Communication</p> <ul style="list-style-type: none">- Play lots of games with your child to encourage social skills, such as taking turns and winning and losing.- Use a visual timetable and visual aids to provide structure and routines.
Social, Emotional and Mental Health	
<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none">• A range of resources, games etc. to support different areas of mental health; anxiety, anger, emotions, mindfulness etc. https://www.elsa-support.co.uk/category/free-resources/• Resources aimed at autistic pupils, but could be used with others to support change, particularly around COVID 19. https://managing-change.middletownautism.com/• A range of social stories and resources around a lot of different life issues, including COVID 19, that can be used to support children's understanding. https://www.autismlittlelearners.com/search/label/My%20Freebies?updated-max=2020-0705T17:59:00-07:00&max-results=20&start=20&by-date=false



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	<ul style="list-style-type: none"> • Apps for Complex Communication Support Needs https://www.callscotland.org.uk/downloads/posters-and-leaflets/ipad-apps-for-complex-communicationsupport-needs/ iPad • Create a free account to access certain activities and resources to support mindfulness and well-being. https://www.bookofbeasties.com/ • For children - a selection of games to play to build children's social and emotional awareness. https://www.understood.org/en/school-learning/learning-at-home/games-skillbuilders/social-emotionalactivities- • Create a resource with your child to reduce anxiety https://lemonlimeadventures.com/lego-calm-down-jar/ Calm Jars: • Supporting Your Child's Social emotional Mental health During this Covid 19 https://youngminds.org.uk/find-help/for-parents/supporting-your-child-during-the-coronavirus-pandemic/
Sensory and/or Physical Needs	
<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none"> • Oak academy lessons to support children with additional needs in their physical development https://classroom.thenational.academy/specialist/subjects/physical-development • Support for autistic/ learners with sensory processing difficulties, ideas for activities, resources and guidance for those supporting them https://sensory-processing.middletonautism.com/ • A Guide to Using the iPad to Support Learners with Physical Difficulties https://www.callscotland.org.uk/downloads/posters-and-leaflets/using-the-ipad-to-support-learnerswith-physical-difficulties/



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Information
Websites



Resources



- **Using the iPad to Support Learners with Visual Difficulties**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/using-the-ipad-to-support-learnerswith-visual-difficulties/>
- **Using Windows 10 'Accessibility' Tools to Support Learners with Visual Difficulties**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/using-windows-10-accessibility-toolsto-support-learners-with-visual-difficulties/>
- **Developing Fine Motor Skills**
<https://www.griffinot.com/developing-childrens-fine-motor-skills/fine-motor-activities-with-kimgriffinot/> 10 weeks worth of videos with activities to develop children fine motor skills
- **Stories for downloading, using signs, props, movement etc. to engage children with special needs.**
<https://www.rhymingmultisensorystories.com/multisensory>
- **Dance mat typing to develop typing skills, different levels of challenge.**
<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>
- **Learn British Sign Language Fun Videos**
https://www.youtube.com/channel/UC_ah-07GtU9ou18fXpkcZSQ
- **PE with Joe**
<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Motor Coordination Disorder/Dyspraxia

Information
Websites



Resources







- **Dyspraxia Foundation**
<https://dyspraxiafoundation.org.uk/>
- **Dance mat Typing - free beginners typing course for children.**
<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>
- **Movement Matters**
<http://www.movementmattersuk.org/>
- **Motor skills development**
<https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/gross-motor-skills/>



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<p>Tips</p> 	<ul style="list-style-type: none"> - Allow children to use a word processor to complete some written tasks. If they can't type, encourage them to learn, so that they are able to use a Word Processor with more speed and fluency. - Offer routines and structure - Create a quiet space for them to learn with no distractions. - Give them something to fiddle with whilst you are talking to them or you want them to focus. It can also be helpful to let them move around whilst they listen. - Ask them to do one task at a time - Provide checklists or visual timetables to support organisation. - Use timers to help with time management and build in frequent movement breaks. - Play lots of games with your child to encourage social skills, such as taking turns and winning and losing. - Help your children develop their fine and gross motor skills and core stability.
<h3>SELF-HELP AND INDEPENDENCE</h3>	
<p>Information Websites</p>  <p>Resources</p> 	<ul style="list-style-type: none"> • Oak academy lesson developing life skills such as dressing, personal care etc. https://classroom.thenational.academy/specialist/subjects/independent-living • Resources aimed at support children with autism to develop essential life skills such as personal hygiene, self-care, safety, managing work and leisure activities. https://life-skills.middletownautism.com/ • Visual Timetables to support children to be independent at home https://www.twinkl.co.uk/resource/t-c-081-visual-timetable-for-home • Backward Chaining https://www.verywellfamily.com/backward-chaining-3105608
<p>Tips</p> 	<ul style="list-style-type: none"> - Encourage your child to use visual timetables for daily routine around the home so that they can embed these in their thinking and move away from constant adult prompting. - Try the backward chaining approach to encourage children to complete self-help tasks.



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GENERAL

Information
Websites



Resources



- **Comic books that can be downloaded and support learning in different areas of the curriculum, aimed at KS2**
<https://dekkocomics.com/topic-guide>
- **Early development lessons for pupils working below year 1 level.**
<https://classroom.thenational.academy/specialist/subjects/early-development-learning>
- **Ways to use technology to Support Learners with Dyslexia**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/ict-to-support-learners-with-dyslexia/>
- **Resources to Support SEND Learning**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/inclusive-learning-resources/>
- **Apps for Learners with Complex Additional Support Needs**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/ipad-apps-for-learners-with-complexadditional-support-needs/> iPad
- **iPad Apps for Learners with Dyslexia**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/ipad-apps-for-learners-with-dyslexia/>
- **Learning based apps recommended by Aaron Lentner - A list of free or cheap apps for developing a range of learning skills**
<https://docs.google.com/document/d/1zn5RLhNWCRG9KyoHu4boFiqo5G8Zc3lxDKqJWuBGQ/edit?fbclid=IwAR1-h3BvteNDDHTcqBStqz7YECBPgfifaW58D2E8NHS2EmiOfqwuSHfDYSU>
- **Funky feet dance and movement videos**
<https://vimeo.com/457320105?fbclid=IwAR3m1100UbrduVvNCqW6eN7OVUZdXO38APRkacObxntIlwNoh34AXjb7P8>

