







Spring/Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

WEEK THREE	FAVOURITES MONDAY	PIZZA PARTY TUESDAY	ROAST WEDNESDAY	WORLD THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice 	Margherita Pizza & Tomato Pasta Salad 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Beef Lasagne & Garlic Bread 	MSC Fish Fingers & Chips
Vegetarian Option	Sweet & Sour Veggie Meatballs & Sunny Rice ^{VG} 	Cheese Flan & Home Baked Potato Wedges	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Vegetable Lasagne & Garlic Bread 	Crispy Vegetable Fingers & Chips ^{VG}
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Vanilla Sponge 	Chocolate Cookie & Orange Wedges ^{VG} 	Strawberry Jelly	Shortbread	Icecream

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan VG 
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England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.