Our Lady of Peace Catholic Primary and Nursery School

'With Christ in our hearts, together we grow.'

PSHRE at Our Lady of Peace Catholic Primary & Nursery School

Intent

At Our Lady of Peace, PSHRE plays a central role in the all-round education and well-being of our children. It enables them to become responsible, healthy and independent members of society. In PSHRE, we look at and tackle many of the moral, social and cultural issues that are all a part of growing up. As well as enabling the children to understand how they are developing both personally and socially. We want to provide our students with the opportunities to appreciate what it means to be a member of a diverse society, as well as to know and be aware of their rights and responsibilities as citizens.

PSHRE at Our Lady of Peace works on three strands, the taught curriculum, the modelling of core values and the day-today experience of the children in the school. Through these three strands we encourage our students to develop their own sense of self-worth by participating in and contributing positively to school life, as well as the wider community.

"RHE is part of the mission of Catholic schools to educate the whole person.   It should be carried out as part of the holistic education which seeks to form as well as inform young people in preparation for adult life." (Catholic Education Service)

Implementation

In Our Lady of Peace, PSHRE is delivered in dedicated weekly teaching time and also through links across the entire curriculum. This supports our belief that the core values and teachings of PSHRE can be seen, shown and talked about in many ways and in all areas of life. The teaching staff at OLOP regularly share good practice and deliver high quality teaching using a structure, buildable scheme of work up through the school and by also responding to the needs of their individual classes. Staff use the resources to enable our children to understand risk and to equip them with the knowledge and understanding to make informed and safe decisions.

At Our Lady of Peace, we deliver PSHRE through the scheme Ten:Ten Life to the Full Plus. By using this programme, we aim to deliver a fully-integrated and holistic programme that truly enables children to 'live life to the full' (John 10:10).

In Life to the Full, the programme follows a four-stage structure which is repeated and developed across four different learning stages:

- Early Years Foundation Stage
- Key Stage One
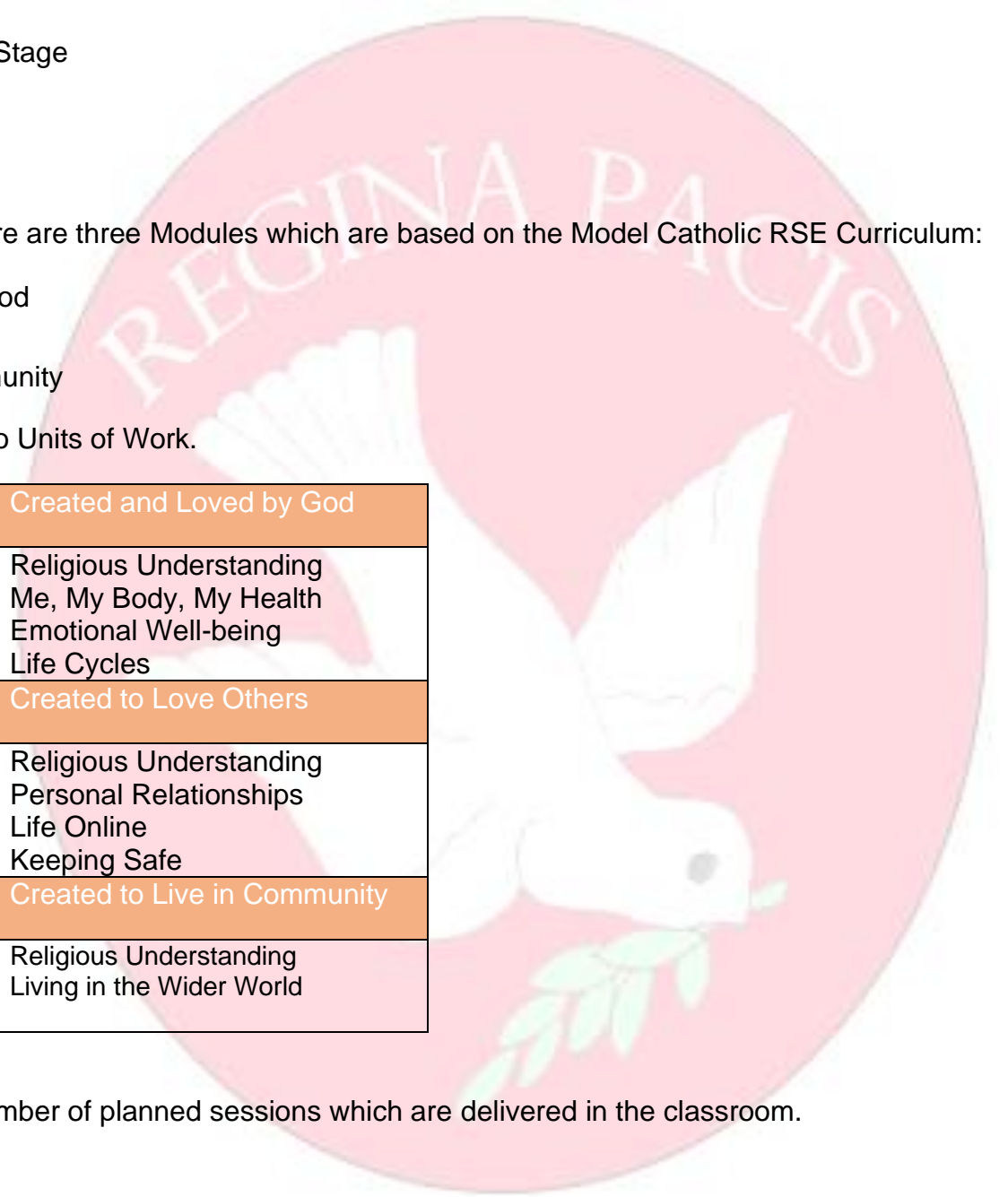- Lower Key Stage two
- Upper Key Stage Two

Within each learning stage, there are three Modules which are based on the Model Catholic RSE Curriculum:

- Created and Loved by God
- Created to Love Others
- Created to Live in Community

Each Module is then broken into Units of Work.

Module 1	Created and Loved by God
Units	Religious Understanding Me, My Body, My Health Emotional Well-being Life Cycles
Module 2	Created to Love Others
Units	Religious Understanding Personal Relationships Life Online Keeping Safe
Module 3	Created to Live in Community
Units	Religious Understanding Living in the Wider World

Within each Unit there are a number of planned sessions which are delivered in the classroom.

In addition to the above units, Life to the Full Plus also provides two strands to target the recommended PSHE objectives. The first strand is New Sessions, on the topics of transition, rights and responsibilities, money and careers. The second strand is Classroom Shorts, short, snappy videos which complement but stand independent from the sessions. Each video conntects to a session topic to reinforce and expand upon learning and can be utilised in the way that best suits our class needs.

Impact

By teaching PSHRE in this way the children develop an awareness of themselves and the part they play in the relationships they develop. Through PSHRE, we hop that our children will be able to apply their learning across all aspects of their lives, to help them achieve their goals, make positive decisions and prepare them to be global citizens, both now and into the future.